

## Lily Lane Primary School- Overview for PE & Sport premium

At Lily Lane Primary School, we constantly strive to deliver the highest quality Physical Education, sport and physical activity opportunities for all our children. PE, sport and physical activity are at the heart of our community and support with our learning and development. At Lily Lane Primary School we are committed to our vision for the PE and sport premium funding,

All pupils leaving primary school should be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

The funding has been provided to meet the following objectives to achieve self-sustaining and additional improvements in the quality of PE and sport in primary schools. At Lily Lane we plan our improvements in PE and sport against the following 5 key indicators,

- 1) the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
- 2) the profile of PE and sport and physical activity being raised across the school as a tool for whole school improvement
- 3) increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4) broader experience of a range of sports and activities offered to all pupils
- 5) increased participation in competitive sport

In order to ensure continued improvement each year, evidence of impact is gathered using a variety of methods and plans are reflected upon and evaluated in order to plan for the forthcoming year. Pupil voice via the school sport council is gathered and plays a part in shaping our priorities.

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement. This sits in line with our 'Happy Curriculum'.

The School Sport and Activity Action Plan set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the Chief Medical Officers guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and sport premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to

schools so they have the flexibility to use it in the way that works best for their pupils. The PE and sport premium survey highlighted the significant impact which PE and Sport has had in many primary schools across England.

#### How to use the PE and sport premium

Schools must use the funding to make additional and sustainable improvements to the quality of the physical education (PE), physical activity and sport they provide.

This means that you should use the PE and sport premium to:

- develop or add to the PE, physical activity and sport that your school provides
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

You should use the PE and sport premium to secure improvements in the following 5 key indicators.

Engagement of all pupils in regular physical activity, for example by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

Profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:

- actively encourage pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching

Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

- providing staff with professional development, mentoring, appropriate training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches and PE specialists to work alongside teachers to enhance or extend current opportunities offered to pupils

Broader experience of a range of sports and activities offered to all pupils, for example by:

- introducing a new range of sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sports and physical activities and clubs

- providing more and broadening the variety of extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sports organisations

Increased participation in competitive sport, for example by:

- increasing and actively encouraging pupils' participation in the School Games
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.