

LILY LANE PE SKILLS PROGRESSION Key Stage 2 INVASION GAMES

Children can;

YEAR 3	YEAR 4	YEAR 5	YEAR 6
<p>Use a range of skills to help them keep possession and control of the ball</p> <p>Make up fair rules and a scoring system together by communicating effectively.</p> <p>Be able to control feeling if win or lose</p> <p>Improve accuracy of passes and use space to keep possession better</p> <p>Pass ball to team mates when appropriate</p> <p>Move with a ball towards goals with increasing control</p> <p>Understand their role as an attacker and defender</p> <p>Defend an opponent to try and win the ball</p> <p>Look when travelling and what happens after they have passed the ball</p> <p>Find space to receive and defend</p>	<p>Pass, receive and shoot the ball with increasing control</p> <p>Use different types of passing the ball with control</p> <p>Play 3 v 1 , 4 v 2 and small side games(3v3) showing how to use space to help each other</p> <p>Know what rules are needed to make the game fair</p> <p>Understand simple patterns of play</p> <p>Attempts to obtain possession of ball by starting to understand defensive techniques</p> <p>Know what they need to practice to improve their game</p> <p>Defend 1 on 1 and know how to win the ball</p> <p>Demonstrate dodge techniques and use them appropriately</p>	<p>Understand that when the team has the ball they are attacking and when they do not they are defending</p> <p>Use different ball passing skills in the context of a small side game</p> <p>Travel with a ball showing changes of speed and directions using either foot or hand</p> <p>Use a range of techniques when passing, e.g. high, low, bounced, fast, slow</p> <p>Work alone or with team mates in order to gain possession by competently marking opponent</p> <p>Pass receive and shoot the ball with some control under pressure in small sided games. 4 v4</p>	<p>Use a range of passes during games which are appropriate</p> <p>Dribble effectively around obstacles and opponents</p> <p>Show precision and accuracy when sending and receiving over short and long distances, using a variety of catching/receiving techniques</p> <p>Understand different ways of attacking and defending in 4v4 and 5v5 games.</p> <p>Perform skills with accuracy, confidence and control</p> <p>Combine and perform skills with control, adapting them to meet the needs of the situation</p> <p>Know how playing invasion games helps fitness and benefits health</p>