LILY LANE PE SKILLS PROGRESSION Key Stage 2 DANCE

Children can;

YEAR 3	YEAR 4	YEAR 5	YEAR 6
Explore, remember, repeat and link a range of actions with coordination, control and awareness of the expressive qualities of dance. Explore the change of rhythm, speed, level and direction. Compose and perform short dances that express and communicate moods, ideas and feelings choosing and varying simple compositional ideas. Create dance phrases with a partner and in a small group using canon and unison Repeat, remember and perform these phrases in a dance. Use counts to keep in time with a group and the music Understand how dance helps to keep them healthy.	Respond imaginatively to a range of stimuli related to character and narrative Use simple motifs and movement patterns to structure dance phrases on their own, with a partner and in a group Refine repeat and remember dance phrases and dances Perform dances clearly and fluently Show sensitivity to the dance idea and the accompaniment Use dynamic and expressive qualities in relation to an idea	To work creatively and imaginatively on their own, with a partner and in a group to compose motifs and structure simple dances Perform to an accompaniment expressively and sensitively Perform dances fluently and with control Warm up and cool down independently Understand how dance helps to keep them healthy. Confidently improvise with a partner or on their own Begin to create longer dance sequences in a larger group Demonstrate precision and some control in response to stimuli.	Work creatively and imaginatively individually, with a partner and in a group To choreograph motifs and structure simple dances Adapt and refine actions, dynamics and relationships to improve a dance Choreograph a dance using props Perform dances fluently and with control Use appropriate language to evaluate and refine their own and others' work Use canon and synchronisation, and matching and mirroring when performing with a partner and a group and say how it affects the performance Move to the beat accurately in dance sequences