

Lily Lane Primary School: Physical Education/Development/Activity

EYFS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	<p>Fundamental Movement Skills through Dance and Expressive Movement x 1 40 min per week</p> <p>'Squiggle While You Wiggle' to link gross motor movements to early handwriting skills x 3 per week, 5 mins</p> <p>Dough Disco x 2 per week (alternate days to SWYW), 5 mins.</p> <p>Balanceability x 1 30 min session per week.</p>	<p>Fundamental Movement Skills through Dance and Expressive Movement x 1 40 min per week</p> <p>'Squiggle While You Wiggle' to link gross motor movements to early handwriting skills x 3 per week, 5 mins</p> <p>Dough Disco x 2 per week (alternate days to SWYW), 5 mins.</p> <p>Balanceability x 1 30 min session per week.</p>	<p>Fundamental Movement Skills through Dance and Expressive Movement x 1 40 min per week</p> <p>'Squiggle While You Wiggle' to link gross motor movements to early handwriting skills x 3 per week, 5 mins</p> <p>Dough Disco x 2 per week (alternate days to SWYW), 5 mins.</p> <p>Balanceability x 1 30 min session per week.</p>	<p>Fundamental Movement Skills through Dance and Expressive Movement x 1 40 min per week</p> <p>'Squiggle While You Wiggle' to link gross motor movements to early handwriting skills x 3 per week, 5 mins</p> <p>Dough Disco x 2 per week (alternate days to SWYW), 5 mins.</p> <p>Balanceability x 1 30 min session per week.</p>	<p>Fundamental Movement Skills through Dance and Expressive Movement x 1 40 min per week</p> <p>'Squiggle While You Wiggle' to link gross motor movements to early handwriting skills x 3 per week, 5 mins</p> <p>Dough Disco x 2 per week (alternate days to SWYW), 5 mins.</p> <p>Balanceability x 1 30 min session per week.</p>	<p>Fundamental Movement Skills through Dance and Expressive Movement x 1 40 min per week</p> <p>'Squiggle While You Wiggle' to link gross motor movements to early handwriting skills x 3 per week, 5 mins</p> <p>Dough Disco x 2 per week (alternate days to SWYW), 5 mins.</p> <p>Balanceability x 1 30 min session per week.</p>

CURRICULUM MAP 2022-2023

	Daily access to continuous provision opportunities and experiences to develop gross and fine motor skills, including indoor and outdoor movement areas.	PD intervention group for identified pupils. Daily access to continuous provision opportunities and experiences to develop gross and fine motor skills, including indoor and outdoor movement areas.	PD intervention group for identified pupils. Daily access to continuous provision opportunities and experiences to develop gross and fine motor skills, including indoor and outdoor movement areas.	Write Dance x 3 30 min sessions per week. PD intervention group for identified pupils. Daily access to continuous provision opportunities and experiences to develop gross and fine motor skills, including indoor and outdoor movement areas.	Write Dance x 3 30 min sessions per week. PD intervention group for identified pupils. Daily access to continuous provision opportunities and experiences to develop gross and fine motor skills, including indoor and outdoor movement areas.	Write Dance x 3 30 min sessions per week. PD intervention group for identified pupils. Daily access to continuous provision opportunities and experiences to develop gross and fine motor skills, including indoor and outdoor movement areas.
Reception	Fundamental Movement Skills through Dance x 1 40 min per week.	Fundamental Movement Skills through Dance x 1 40 min per week.	Fundamental Movement Skills through Dance and Expressive Movement x 1 40 min per week.	Fundamental Movement Skills through Dance and Expressive Movement x 1 40 min per week.	Fundamental Movement Skills through Gymnastics Movement x 1 40 min per week.	Fundamental Movement Skills through Gymnastics Movement x 1 40 min per week.

CURRICULUM MAP 2022-2023

	<p>City in the Community; City Play, coach led session to develop Fundamental Movement Skills through football skills x 1 30 min session per week.</p> <p>Daily Wake Up Shake Up.</p> <p>Daily access to continuous provision opportunities and experiences to develop gross and fine motor skills, including bike track access with balance bikes.</p>	<p>City in the Community; City Play, coach led session to develop Fundamental Movement Skills through football skills x 1 30 min session per week.</p> <p>Daily Wake Up Shake Up</p> <p>PD intervention group for identified pupils.</p> <p>Daily access to continuous provision opportunities and experiences to develop gross and fine motor skills, including bike track access with balance bikes.</p>	<p>City in the Community; City Play, coach led session to develop Fundamental Movement Skills through football skills x 1 30 min session per week.</p> <p>Daily Wake Up Shake Up</p> <p>PD intervention group for identified pupils.</p> <p>Write Dance x 2 30 min sessions per week.</p> <p>Daily access to continuous provision opportunities and experiences to develop gross and</p>	<p>City in the Community; City Play, coach led session to develop Fundamental Movement Skills through football skills x 1 30 min session per week.</p> <p>Daily Wake Up Shake Up</p> <p>PD intervention group for identified pupils.</p> <p>Write Dance x 2 30 min sessions per week.</p> <p>Daily access to continuous provision opportunities and experiences to develop gross and</p>	<p>City in the Community; City Play, coach led session to develop Fundamental Movement Skills through football skills x 1 30 min session per week.</p> <p>Daily Wake Up Shake Up</p> <p>PD intervention group for identified pupils.</p> <p>Write Dance x 2 30 min sessions per week.</p> <p>Daily access to continuous provision opportunities and experiences to develop gross and</p>	<p>City in the Community; City Play, coach led session to develop Fundamental Movement Skills through football skills x 1 30 min session per week.</p> <p>Daily Wake Up Shake Up</p> <p>PD intervention group for identified pupils.</p> <p>Write Dance x 2 30 min sessions per week.</p> <p>Daily access to continuous provision opportunities and experiences to develop gross and</p>
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CURRICULUM MAP 2022-2023

KS 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>Fundamental Movement Skills through Gymnastics x 40 min per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 40 min per week.</p> <p>Dough Disco, x 3 sessions per week (2 x whole class, 1 x EMW)</p>	<p>Fundamental Movement Skills through Gymnastics x 40 min per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 40 min per week.</p> <p>Dough Disco, x 3 sessions per week (2 x whole class, 1 x EMW)</p>	<p>Fine motor skills, including bike track access with balance bikes.</p> <p>Fundamental Movement Skills through Dance x 40 min per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 1 hour session per week.</p> <p>Dough Disco, x 3 sessions per week (2 x whole class, 1 x EMW)</p>	<p>Fine motor skills, including bike track access with balance bikes.</p> <p>Fundamental Movement Skills through Dance x 1 hour per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 1 hour session per week.</p> <p>Dough Disco, x 3 sessions per week (2 x whole class, 1 x EMW)</p>	<p>Fine motor skills, including bike track access with balance bikes.</p> <p>Fundamental Movement Skills through Gymnastics x 1 hour per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 1 hour session per week.</p> <p>Dough Disco, x 3 sessions per week (2 x whole class, 1 x EMW)</p>	<p>develop gross and fine motor skills, including bike track access with balance bikes.</p> <p>Fundamental Movement Skills through Dance x 1 hour per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 1 hour per week.</p> <p>Dough Disco, x 3 sessions per week (2 x whole class, 1 x EMW)</p>

CURRICULUM MAP 2022-2023

	1 x weekly access to EYFS OLE.	1 x weekly access to EYFS OLE.	1 x weekly access to EYFS OLE. Write Dance x 2 30 min sessions per week for identified pupils.	1 x weekly access to EYFS OLE. Write Dance x 2 30 min sessions per week for identified pupils.	1 x weekly access to EYFS OLE. Write Dance x 2 30 min sessions per week for identified pupils.	1 x weekly access to EYFS OLE. Write Dance x 2 30 min sessions per week for identified pupils.
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CURRICULUM MAP 2022-2023

<p>Year 2</p>	<p>Fundamental Movement Skills through Dance x 40 min per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 40 min per week.</p>	<p>Fundamental Movement Skills through Gymnastics x 40 min per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 40 min per week.</p>	<p>Fundamental Movement Skills through Dance x 40 min per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 1 hour per week.</p>	<p>Fundamental Movement Skills through Gymnastics x 1 hour per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 40 min per week.</p>	<p>Fundamental Movement Skills through Dance x 40 min per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 40 min per week.</p>	<p>Fundamental Movement Skills through Gymnastics x 1 hour per week.</p> <p>Fundamental Movement Skills through Outdoor Games x 40 min session per week.</p>
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CURRICULUM MAP 2022-2023

KS 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<p>Inventing Games. general generic skills x 1 40 min per week.</p> <p>Gymnastics x 1 25 min per week</p>	<p>Invasion Games x 1 35min per week.</p> <p>Focus choice: football netball, basketball, handball, Tag rugby</p> <p>Gymnastics x 1 x25 min per week</p>	<p>Invasion Games x 1 35 min per week.</p> <p>Focus choice: football netball, basketball, handball,</p> <p>Dance x 1 25 min per week</p>	<p>Net/Barrier Games x 1 40 min per week.</p> <p>Focus choice: Dodgeball Tennis</p> <p>Gymnastics x 1 40 minute per week</p>	<p>Striking and Fielding Games x 1 40 min per week.</p> <p>Focus choice: Cricket Rounders Softball</p> <p>Athletics 1x 30 minutes per week</p>	<p>Athletics x 1 40 min per week.</p> <p>DANCE x 1 40 min per week</p>
Year 4	<p>Invasion game: x 1 40 min per week</p> <p>Focus choice: football netball, Tag rugby basketball, handball</p> <p>Invasion game 1 x 30 minute per week.</p>	<p>Invasion game: x 1 40 min per week</p> <p>Focus choice: football netball, Tag rugby basketball, handball</p> <p>Gymnastics x 1 30 min per week</p>	<p>Net/Barrier Games x 1 40 min per week.</p> <p>Focus choice: Dodgeball Tennis</p> <p>Gymnastics x 1 30 min per week</p>	<p>Invasion game: x 1 40 min per week</p> <p>Focus choice: football netball, Tag rugby</p> <p>Dance x 1 40 min per week</p>	<p>Striking and Fielding Game: 1 x40 min per week</p> <p>Focus choice: Kwik cricket, Rounders softball</p> <p>Athletics 1x 30 minutes per week</p>	<p>Athletics: x 1 40 min per week</p> <p>Outdoor and Adventurous activities (OAA) x 1 40 min per week</p>

CURRICULUM MAP 2022-2023

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Year 5	<p>Invasion game: x 1 40 min per week</p> <p>Focus choice: football netball, basketball, handball, Tag Rugby</p> <p>Sportshall athletics x 1 30 min per week</p> <p>Swimming x 1 30 min per week</p>	<p>Invasion game: x 1 40 min per week</p> <p>Focus choice: football netball, basketball, handball, Tag Rugby</p> <p>Gymnastics x 1 30 min per week</p> <p>Swimming x 1 30 min per week</p>	<p>Invasion game: x 1 40 min per week</p> <p>Focus choice: football netball, basketball, handball,</p> <p>Gymnastics x 1 30 min per week</p> <p>Swimming x 1 30 min session per week</p>	<p>Net/Barrier Games x 1 40 min per week. Focus choice: Dodgeball Tennis</p> <p>Dance x 1 30 min per week</p> <p>Swimming x 1 30 min per week</p>	<p>Striking and Fielding Game: 1 40 min per week Focus choice: cricket rounders softball</p> <p>Dance x 1 40 minute per week</p> <p>Swimming x 1 30 min per week</p>	<p>Athletics: x 1 40 min per week</p> <p>Outdoor and Adventurous Activities x 1 40 min per week</p> <p>Swimming x 1 30 min per week</p>
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CURRICULUM MAP 2022-2023

<p>Year 6</p>	<p>Invasion game: x 1 40 min per week.</p> <p>Focus choice: football netball, basketball, handball, Tag Rugby</p> <p>Sportshall athletics x 1 35 min per week</p>	<p>Invasion game: x 1 40 min per week</p> <p>Focus choice: football netball, basketball, handball, Tag Rugby</p> <p>Gymnastics x 1 35 min per week. Focus on flight / take off and landings.</p>	<p>Net/Barrier Game: x 1 40 min per week.</p> <p>Focus choice: Dodgeball Tennis</p> <p>Gymnastics x 1 35 min in per week Focus on flight / take off and landings.</p>	<p>Invasion game: x 1 40 min per week</p> <p>Focus choice: football netball, basketball, handball, Tag Rugby</p> <p>Dance x 1 35 minutes lesson</p>	<p>Striking and Fielding Game: 1 40 min per week</p> <p>Focus choice: kwik cricket rounders softball</p> <p>Outdoor and Adventurous Activities (OAA) x 1 40 min per week</p>	<p>Sports Tournaments: X 1 40 min per week</p> <p>Athletics: x 1 40 min per week</p>
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