



# Welcome

## RSHE at Lily Lane

(Relationships, sex and health education)

## Thank you for coming

Miss Booth - PSHE lead

(Personal, Social, Health and Economic education)

Miss Smart - Deputy Head Teacher

Mrs Oldham - Deputy Head Teacher and SENCo

## Session aims



- To explain what the new Statutory RSE and health guidance 2020 means for our school
- To explain our school PSHE/RSE curriculum
- To inform parents and carers of your rights and responsibilities surrounding the PSHE/RSE your child receives
- To direct parents/carers to school policy and supporting documentation

## What has changed?



- New national guidance which makes RSHE (relationships, sex and health education) a compulsory topic in the national curriculum
- Much of what is included was already taught elsewhere in the curriculum and this remains true

Primary	
Relationships Education	Health Education
<ul style="list-style-type: none"><li>• Families and people who care for me</li><li>• Caring friendships</li><li>• Respectful friendships</li><li>• Online relationships</li><li>• Being safe</li></ul>	<ul style="list-style-type: none"><li>• Mental Wellbeing</li><li>• Internet safety and harms</li><li>• Physical health and fitness</li><li>• Healthy eating</li><li>• Drugs, alcohol and tobacco</li><li>• Health and prevention</li><li>• Basic first aid</li><li>• Changing adolescent body (including menstruation)</li></ul>

## What is PSHE and RSE?



### PSHE - Personal, Social, Health and Economic Education

The mental, physical and emotional well-being of our pupils is at the heart of what we do. PSHE education is at the core of our daily routines and interactions and is embedded across our curriculum.

For example:

- Text choices in English
- Restorative approach to behaviour
- Poetry party themes
- Learning about our body in Science

**A stand of PSHE:**

### RSE - Relationships and Sex Education



## Our PSHE curriculum

We follow the scheme of work provided by Healthy Schools Manchester called Imatter (see policy for the overview).



Our IMatter PSHE Curriculum covers the following themes:

- > Relationships and Sex Education
- > Mental and Emotional Health
- > Keeping Safe
- > Healthy Lifestyles
- > Living in the Wider World

## Statutory requirements within RSHE



As a maintained primary school, from September 2020, we must provide relationships education to all pupils as per section 34 of the [Children and Social work act 2017](#).

However, we are not required to provide additional sex education but we do need to teach the elements of sex education contained in the science curriculum.

### **Statutory elements within the science curriculum:**

#### **Key Stage 1 Children (Years 1 and 2) learn to:**

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- Notice that animals, including humans, have offspring which grow into adults

#### **Key Stage 2 Children (Years 3, 4, 5 and 6) learn to:**

- Describe the changes as humans develop to old age
- Describe the life process of reproduction in some plants and animals
- Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents

## Our RSHE curriculum



Relationships, sex and health education covers the following themes:

- Ways to help build and maintain caring friendships
- Anti-bullying
- Families and people who care for me
- Showing respect
- e-Safety
- Changing - Including puberty
- Being safe (inc. appropriate and inappropriate touch)
- Ways to keep fit and healthy
- Mental wellbeing
- Talking about emotions
- Strategies to stay calm
- Healthy eating
- Drugs, alcohol and tobacco
- First aid
- Conception (year 6 only)

### Our curriculum has the following aims:

- To promote our school values
- A tool to safeguard children
- To provide a broad and balanced curriculum
- To be committed to strong, collaborative partnerships with families

## Year 6 Only



There is a non-statutory lesson in the year 6 program within RSHE:

- Conception - How is baby made?

As it is non-statutory, you have the right to withdraw your child from this lesson if you wish.

To help you make an informed decision, if you would like to view this lesson, please contact Miss Booth.



## FAQs



### **Will my child be taught sex education?**

Compulsory sex education is not being introduced at primary school. Year 6 will learn about conception as part of their science curriculum, but this has not changed.

### **Does RSE take account of faith?**

The subjects are designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain. In all schools, when teaching these subjects, the religious background of pupils will be taken into account when teaching, so that topics are appropriately handled.

### **Will my child learn about LGBT relationships?**

The Department of Education state that pupils should be taught about the society in which they are growing up. Primary schools are strongly encouraged to cover LGBT content when teaching about different types of families. Children will learn about the different types of loving, healthy relationships that exist in a way that respects everyone.

## What happens now?



Your children will receive the RSHE curriculum this term. Read through the policy and please direct questions to Miss Booth (PSHE lead), Miss Smart or Mrs Oldham (deputy head teachers).

### **Year 6 only**

You have the right to withdraw your child from the non-statutory lesson

To do this you will need to fill out a withdrawal form.

If we do not have this form, we will assume you are happy for your child to receive these lessons in school.

**Questions** - You can email school with any questions that have not been covered, alternatively you can come and speak to us now.